

2024 Banff Winterstart Five Miler
Rundlestone Lodge, Banff, AB, Canada
11/02/2024

Results by racedaytimingab.ca
WINTERSTART OVERALL FIVE MILE RESULTS

Place	Div/Tot	Div	No.	Name	Time	Pace
1	1/114	M30-39	366	Spencer POOTZ	27:37	3:28
2	2/114	M30-39	621	Allan BRETT	27:49	3:29
3	3/114	M30-39	779	Craig LOGAN	27:56	3:30
4	4/114	M30-39	667	Oliver HATHEWAY	28:27	3:34
5	1/38	M20-29	415	Adam BRADSHAW	29:55	3:45
6	1/171	F30-39	445	Lindsay WINTER	30:03	3:46
7	1/88	M40-49	342	Erik CARLETON	30:29	3:49
8	5/114	M30-39	76	Tyler CHAPMAN	30:34	3:50
9	2/38	M20-29	556	Michael CHENG	30:42	3:51
10	2/171	F30-39	911	Jessica KAISER	30:44	3:51
11	1/56	F20-29	584	Kirsten SUCHAN	30:57	3:53
12	3/38	M20-29	929	Liam COULTER	31:05	3:54
13	6/114	M30-39	213	Ryan CORMIER	31:07	3:54
14	4/38	M20-29	680	Martin UNDHEIM	31:14	3:55
15	2/88	M40-49	388	Matthew CLARK	31:18	3:55
16	1/17	M15-19	698	Jake GRIFFITHS	31:27	3:56
17	7/114	M30-39	764	Ryan GERLACH	32:00	4:00
18	8/114	M30-39	7	Ian TURNBULL	32:02	4:01
19	9/114	M30-39	775	Mark BROWN	32:08	4:01
20	10/114	M30-39	152	Joel KEELING	32:31	4:04
21	3/88	M40-49	136	Steve LAYDEN	32:45	4:06
22	11/114	M30-39	646	Joshua DENISON	32:54	4:07
23	2/17	M15-19	283	Benjamin RUDER	33:02	4:08
24	5/38	M20-29	407	Justin KRUSE	33:07	4:09
25	12/114	M30-39	641	Erwin ZEEKANT	33:30	4:12
26	1/37	M50-59	902	Jason MCKINNON	33:41	4:13
27	4/88	M40-49	502	Patrick MCMAHON	33:46	4:14
28	3/17	M15-19	829	Will DONOHOE	33:50	4:14
29	5/88	M40-49	530	Jason DOORBOS	33:56	4:15
30	13/114	M30-39	699	Leigh CHAMBERLAIN	33:58	4:15
31	14/114	M30-39	464	Cassidy NYMAN	34:00	4:15
32	15/114	M30-39	541	Colum O'SULLIVAN	34:10	4:17
33	4/17	M15-19	847	Miles HALEK	34:10	4:17
34	6/88	M40-49	816	Marcos MOLINA	34:27	4:19
35	1/4	NOAGE	974	Late REGISTRANT	34:34	4:20
36	7/88	M40-49	421	Cameron DEMMANS	34:35	4:20
37	3/171	F30-39	208	Janelle WATSON	34:48	4:21
38	2/37	M50-59	515	Darren STARCHUK	34:51	4:22
39	5/17	M15-19	825	David ZIVOT	34:52	4:22
40	2/56	F20-29	631	Claire ROMANI	34:54	4:22
41	3/56	F20-29	647	Felicity HIK	35:02	4:23
42	1/32	M01-14	137	Reid LAYDEN	35:09	4:24
43	4/171	F30-39	598	Sara HEWITT	35:21	4:26
44	16/114	M30-39	188	Peter SABOL	35:44	4:28
45	4/56	F20-29	431	Sonia REES	35:55	4:30
46	5/171	F30-39	666	Beki HATHEWAY	36:02	4:31
47	17/114	M30-39	386	Patrick CLARK	36:10	4:32

48	8/88	M40-49	369	Craigh HYSLOP	36:11	4:32
49	1/133	F40-49	253	Tara LOHMANN	36:11	4:32
50	9/88	M40-49	150	Gustavo ELGUETA	36:13	4:32
51	6/38	M20-29	620	Brayden KUEFLER	36:18	4:33
52	18/114	M30-39	224	Ostap SYDOR	36:20	4:33
53	2/133	F40-49	389	Rebecca MELTZER	36:21	4:33
54	7/38	M20-29	655	Luc PROVENCHER	36:30	4:34
55	1/30	F01-14	848	Ellie HYNDMAN	36:31	4:34
56	3/133	F40-49	48	Megan BLAIN	36:37	4:35
57	8/38	M20-29	436	Luke KUSHNERYK	36:42	4:36
58	10/88	M40-49	368	Jason SCRATCH	36:44	4:36
59	6/171	F30-39	736	Robyn FINLEY	36:50	4:37
60	4/133	F40-49	447	Patti POSADOWSKI	36:51	4:37
61	6/17	M15-19	284	Joe RUDER	36:53	4:37
62	19/114	M30-39	191	David NELSON ELSKE	36:53	4:37
63	7/17	M15-19	1006	Jake MORAN	36:55	4:37
64	11/88	M40-49	532	Dan EVANS	36:56	4:37

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Place	Div/Tot	Div	No.	Name	Time	Pace
65	1/20	F15-19	362	Josie HEIM	36:58	4:38
66	20/114	M30-39	460	Curtis MACMILLAN	37:14	4:40
67	3/37	M50-59	604	Tim SANDER	37:16	4:40
68	21/114	M30-39	149	Lukas RUDARI	37:18	4:40
69	1/20	M60-69	610	Doug EVANS	37:33	4:42
70	12/88	M40-49	274	Stephen TRUZAK	37:57	4:45
71	4/37	M50-59	551	Dave CROOKS	38:00	4:45
72	2/20	F15-19	375	Aymara SARIN	38:04	4:46
73	1/51	F50-59	493	Catherine TETREAUULT	38:05	4:46
74	22/114	M30-39	402	Dion VASILEIOU	38:14	4:47
75	9/38	M20-29	632	Evan DUTTON	38:17	4:48
76	3/20	F15-19	831	Marianna HALEK	38:20	4:48
77	8/17	M15-19	837	Peyton TACIUK	38:22	4:48
78	23/114	M30-39	108	Layne BATY	38:25	4:49
79	24/114	M30-39	625	Kyle WALMSLEY	38:28	4:49
80	5/133	F40-49	343	Kylie MCKENDRICK	38:31	4:49
81	13/88	M40-49	607	Jordi ESCARRABILL	38:37	4:50
82	14/88	M40-49	819	Elson OLIVEIRA	38:40	4:50
83	15/88	M40-49	344	Paul MCKENDRICK	38:50	4:52
84	2/20	M60-69	82	Michael WESOLOWSKI	38:59	4:53
85	9/17	M15-19	260	Graham TRZOK	39:05	4:54
86	7/171	F30-39	469	Jackie TMEJ	39:06	4:54
87	8/171	F30-39	780	Avril O'DRISCOLL	39:07	4:54

88	16/88	M40-49	778	Kyle JENNER	39:11	4:54
89	17/88	M40-49	588	Steve HELM	39:15	4:55
90	10/17	M15-19	835	Hudson PHILLIPS	39:19	4:55
91	2/32	M01-14	670	Declan HOOPER	39:27	4:56
92	25/114	M30-39	455	Co GOUGEON	39:27	4:56
93	10/38	M20-29	566	Jonathan LEPINE	39:30	4:57
94	5/37	M50-59	302	Chris PARTRIDGE	39:38	4:58
95	11/38	M20-29	281	Gordon WALTERS	39:39	4:58
96	18/88	M40-49	209	Adam FROH	39:39	4:58
97	19/88	M40-49	252	Brad KUDAR	39:44	4:58
98	26/114	M30-39	707	Gordon HEINE	39:44	4:58
99	6/37	M50-59	259	Mladen TRZOK	39:47	4:59
100	2/51	F50-59	4	Susan WALL	39:48	4:59
101	20/88	M40-49	1020	George DIAZ	39:57	5:00
102	27/114	M30-39	664	Borden MILLER	39:58	5:00
103	28/114	M30-39	705	Dan NEESOM	39:59	5:00
104	12/38	M20-29	913	Mason JOHNSON	39:59	5:00
105	13/38	M20-29	593	Dale PENNER	40:00	5:00
106	11/17	M15-19	838	Eric TAYLOR	40:00	5:00
107	14/38	M20-29	428	Stephane BAZINET	40:08	5:01
108	4/20	F15-19	833	Keira HAWKINS	40:10	5:02
109	9/171	F30-39	1017	Lauren STARLING	40:10	5:02
110	29/114	M30-39	293	Cody DENOVAN	40:13	5:02
111	30/114	M30-39	591	Seger BROWN	40:17	5:03
112	5/56	F20-29	640	Vanessa PARKER	40:22	5:03
113	21/88	M40-49	16	Pawel NIEMCZYK	40:22	5:03
114	6/133	F40-49	899	Kari SPENCER	40:25	5:04
115	6/56	F20-29	483	Kirstin CHURCH	40:25	5:04
116	31/114	M30-39	320	Dean FOSTER	40:29	5:04
117	7/37	M50-59	381	Chris SPENCE	40:31	5:04
118	3/51	F50-59	373	Tara SLEMKO	40:35	5:05
119	12/17	M15-19	827	Lachlan FERGUSON	40:42	5:06
120	7/133	F40-49	1	Siubhan DRINNAN	40:43	5:06
121	32/114	M30-39	906	Thomas BUSTARA	40:53	5:07
122	15/38	M20-29	355	Charles PRICE	40:54	5:07
123	10/171	F30-39	31	Courtenay RIBEN	40:55	5:07
124	7/56	F20-29	161	Kaitlin BROWN	40:55	5:07
125	33/114	M30-39	243	Kyle GORMAN	40:57	5:08
126	34/114	M30-39	107	Jarred NIX	40:58	5:08
127	35/114	M30-39	581	Matthew FATH	40:59	5:08
128	36/114	M30-39	24	Evan PAVAN	41:01	5:08

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129	13/17	M15-19	169	Dane PYLATIUK	41:02	5:08
130	8/56	F20-29	634	Malin ENGSTROM	41:03	5:08
131	37/114	M30-39	232	Javad YUSIFBAYOV	41:03	5:08
132	3/20	M60-69	533	Kim B. HEINZE	41:05	5:09
133	3/32	M01-14	858	Clark DAREL	41:07	5:09
134	4/20	M60-69	585	David HOOPER	41:10	5:09
135	8/133	F40-49	669	Janice HOOPER	41:11	5:09
136	22/88	M40-49	59	Tom SORELL	41:18	5:10
137	16/38	M20-29	936	Kristian MAYER	41:20	5:10
138	9/133	F40-49	174	Jill COLBERT	41:22	5:11
139	23/88	M40-49	173	George COLBERT	41:23	5:11
140	38/114	M30-39	721	Jonathan TURK	41:34	5:12
141	39/114	M30-39	175	Tanner MELNYCHYN	41:35	5:12
142	10/133	F40-49	559	Kathryn WOODFORD	41:36	5:12
143	11/171	F30-39	922	Vicky VIKALO	41:37	5:13
144	9/56	F20-29	916	Katrina SINNOTT	41:38	5:13
145	24/88	M40-49	200	Chris LAMOUREUX	41:42	5:13
146	40/114	M30-39	1011	Sam HETHERINGTON	41:43	5:13
147	11/133	F40-49	918	Sarah OWEN	41:46	5:14
148	10/56	F20-29	531	Conné LATEGAN	41:54	5:15
149	12/133	F40-49	478	Kathryn MENOTTI	41:54	5:15
150	11/56	F20-29	324	Madison FULLERTON	41:54	5:15
151	25/88	M40-49	316	Chris DOORNBOS	41:57	5:15
152	12/171	F30-39	907	Sarah WINCH	41:58	5:15
153	5/20	F15-19	839	Charli VERTZ	41:59	5:15
154	26/88	M40-49	1015	Trevor SCHEIRMAN	42:03	5:16
155	41/114	M30-39	285	Simon EADE	42:05	5:16
156	42/114	M30-39	933	Matthew PATMORE	42:06	5:16
157	4/32	M01-14	878	Henry COMEAU	42:09	5:17
158	13/171	F30-39	443	Brianna BUSCH	42:09	5:17
159	13/133	F40-49	256	Amanda SUTHERLAND	42:11	5:17
160	17/38	M20-29	926	Justin MORRISON	42:14	5:17
161	27/88	M40-49	753	Carl DOWELL	42:16	5:17
162	8/37	M50-59	575	Chris BRYANT	42:17	5:18
163	43/114	M30-39	474	Tony DIEP	42:18	5:18
164	44/114	M30-39	513	William PARDY	42:33	5:20
165	18/38	M20-29	247	Benjamin SCOTT	42:38	5:20
166	14/171	F30-39	1027	Liliana CIFUENTES	42:42	5:21
167	45/114	M30-39	932	Christopher AESCHLIMAN	42:43	5:21
168	28/88	M40-49	341	Phil TRAVALE	42:45	5:21
169	9/37	M50-59	288	Vincent CAYANGA	42:47	5:21
170	5/20	M60-69	401	Rob CLAYTON	42:50	5:22
171	10/37	M50-59	919	Charles BOUGIE	42:51	5:22
172	46/114	M30-39	635	Doc CASSAMA	42:57	5:23
173	29/88	M40-49	419	Brendan NOGUE	43:01	5:23
174	47/114	M30-39	638	Josh ARGUE	43:02	5:23
175	48/114	M30-39	441	Chris SMITH	43:04	5:23
176	49/114	M30-39	792	Arlo SUTHERLAND	43:06	5:24
177	6/20	M60-69	1013	Gregory BROWN	43:10	5:24
178	30/88	M40-49	732	Dave WILSON	43:10	5:24
179	5/32	M01-14	371	Cale HYSLOP	43:11	5:24
180	15/171	F30-39	100	Sigourney COURTRIGHT	43:13	5:25
181	50/114	M30-39	432	Jonathan HULL	43:15	5:25
182	16/171	F30-39	345	Brenna THIESSSEN	43:18	5:25
183	51/114	M30-39	685	Tyler BICHEL	43:24	5:26

184	31/88	M40-49	514	Ilyasse SAYARH	43:24	5:26
185	52/114	M30-39	280	Tony GALL	43:28	5:26
186	19/38	M20-29	315	Joah MORBERG	43:35	5:27
187	4/51	F50-59	467	Janet JONES	43:36	5:27
188	11/37	M50-59	592	Peter MCCRORY	43:37	5:28
189	53/114	M30-39	791	Oliver GOMMERUD	43:40	5:28
190	7/20	M60-69	603	Wes PETERS	43:40	5:28
191	14/133	F40-49	1010	Tracey GALE	43:41	5:28
192	2/30	F01-14	376	Siyara SARIN	43:45	5:29

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Place	Div/Tot	Div	No.	Name	Time	Pace
=====	=====	=====	=====	=====	=====	=====
193	17/171	F30-39	627	Lauren REID	43:46	5:29
194	20/38	M20-29	494	Elias TETREULT	43:47	5:29
195	18/171	F30-39	672	Robyn HANSON	43:48	5:29
196	54/114	M30-39	626	Brandon ANSTEY	43:49	5:29
197	32/88	M40-49	756	Ben WILTON	43:49	5:29
198	8/20	M60-69	485	Kevin HIGA	43:53	5:30
199	21/38	M20-29	681	Jacob DERECH	43:58	5:30
200	55/114	M30-39	94	Matthew SCHAPANSKY	44:00	5:30
201	5/51	F50-59	624	Barb HOLLER	44:03	5:31
202	9/20	M60-69	762	J-C ST-LOUIS	44:06	5:31
203	6/51	F50-59	482	Janice SASAKI	44:10	5:32
204	1/17	F60-69	659	Donna DURHAM	44:15	5:32
205	15/133	F40-49	615	Inna LAZMAN	44:16	5:32
206	6/20	F15-19	845	Isabella DONOHOE	44:17	5:33
207	33/88	M40-49	412	Dan CLARK	44:23	5:33
208	14/17	M15-19	216	Emmett STRANSKY	44:25	5:34
209	6/32	M01-14	658	Cam HENDRICK	44:27	5:34
210	19/171	F30-39	438	Kendra HARTLEY	44:28	5:34
211	16/133	F40-49	90	Lindsey URBANI	44:31	5:34
212	12/37	M50-59	450	Andrew DONOHOE	44:31	5:34
213	34/88	M40-49	599	Connor O'SHEA	44:31	5:34
214	20/171	F30-39	93	Brodie SCHAPANSKY	44:32	5:34
215	3/30	F01-14	854	Madeline WICKINS	44:42	5:36
216	7/51	F50-59	582	Shelley ZWICKER	44:44	5:36
217	12/56	F20-29	809	Ella MILLOY	44:45	5:36
218	13/56	F20-29	744	Teagan SIGNAROWSKI	44:46	5:36
219	22/38	M20-29	769	Ryan LEBELL	44:46	5:36
220	21/171	F30-39	396	Laurin HARTLEY	44:47	5:36
221	23/38	M20-29	745	Donovan SIM	44:48	5:36
222	22/171	F30-39	463	Amy KONDRO	44:56	5:37
223	17/133	F40-49	526	Mona WOO	44:56	5:37

224	10/20	M60-69	525	David DYER	44:56	5:37
225	23/171	F30-39	676	Jette ALEXIUK	45:03	5:38
226	24/38	M20-29	314	Ollie MORBERG	45:07	5:39
227	24/171	F30-39	1024	Jasmine PATTERSON	45:15	5:40
228	25/171	F30-39	602	Lauren SCHMIDT	45:16	5:40
229	4/30	F01-14	867	Rose OPELIK	45:21	5:41
230	26/171	F30-39	717	Kaitlyn HOWELL	45:25	5:41
231	14/56	F20-29	693	Mikaela ANTAYA	45:27	5:41
232	15/56	F20-29	442	Ryane FYITH-MCARTHUR	45:28	5:41
233	18/133	F40-49	269	Michaela JENKINS	45:29	5:42
234	35/88	M40-49	420	Stefano TOPPAZZINI	45:33	5:42
235	16/56	F20-29	1023	Michaela TRUBACOVA	45:33	5:42
236	36/88	M40-49	410	Shawn BAXTER	45:34	5:42
237	2/17	F60-69	336	Laura YIP	45:42	5:43
238	27/171	F30-39	1022	Lucie HORACKOVA	45:48	5:44
239	7/20	F15-19	846	Norah ELENKO	45:50	5:44
240	56/114	M30-39	687	Patrick KIDD	45:51	5:44
241	28/171	F30-39	238	Lindsay BROWN	45:52	5:44
242	17/56	F20-29	382	Genevieve JACQUES	45:52	5:44
243	11/20	M60-69	398	Michael MACMILLAN	45:55	5:45
244	25/38	M20-29	279	Saqeeb HASSAN	45:57	5:45
245	29/171	F30-39	400	Kloria WEN	45:59	5:45
246	18/56	F20-29	435	Katrin SMITH	46:02	5:46
247	8/51	F50-59	449	Ashley DONOHOE	46:05	5:46
248	57/114	M30-39	800	Mark GRIMSRUD	46:10	5:47
249	30/171	F30-39	275	Kortney STANLEY	46:11	5:47
250	8/20	F15-19	836	Emilia RICHARDSON	46:11	5:47
251	58/114	M30-39	159	Michael HINRICHS	46:12	5:47
252	37/88	M40-49	1007	Darrel CRANNY	46:13	5:47
253	3/17	F60-69	5	Pamela GOSSMANN	46:15	5:47
254	59/114	M30-39	3	Kennedy LYS	46:16	5:47
255	19/133	F40-49	501	Natalia MCMAHON	46:16	5:47
256	20/133	F40-49	492	Megan DOBCHUK-LAND	46:18	5:48

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Place	Div/Tot	Div	No.	Name	Time	Pace
257	60/114	M30-39	347	Shady REZK	46:20	5:48
258	31/171	F30-39	517	Kristy LACHAPELLE	46:21	5:48
259	32/171	F30-39	539	Jj ROBILLARD	46:24	5:48
260	13/37	M50-59	678	Bradley ADAMS	46:25	5:49
261	61/114	M30-39	917	Nicholas SLADE	46:26	5:49
262	7/32	M01-14	894	Nolan WOLFE	46:29	5:49
263	14/37	M50-59	79	Scott ELIAS	46:30	5:49

264	33/171	F30-39	201	Robyn FOLEY	46:30	5:49
265	26/38	M20-29	550	Josh MCGAGHEY	46:36	5:50
266	38/88	M40-49	704	Gregory MAIDMENT	46:41	5:51
267	39/88	M40-49	271	Timothy SMITH	46:41	5:51
268	27/38	M20-29	741	Markus SAAYMAN	46:43	5:51
269	9/20	F15-19	331	Lila MCTAGGART COWAN	46:45	5:51
270	62/114	M30-39	239	Dylan MASON	46:48	5:51
271	10/20	F15-19	851	Gemma SEAL	46:50	5:52
272	19/56	F20-29	904	Emily ALLIN	46:51	5:52
273	34/171	F30-39	540	Emily LANG	46:51	5:52
274	15/37	M50-59	151	Andrew BUCHOLTZ	46:57	5:53
275	35/171	F30-39	622	Gabrielle MOUNTJOY	46:58	5:53
276	63/114	M30-39	760	Thomas BROWN	46:59	5:53
277	64/114	M30-39	609	Dave HENDERSON	47:00	5:53
278	21/133	F40-49	734	Angela CAMPBELL	47:03	5:53
279	65/114	M30-39	767	Chris BRUNO	47:06	5:54
280	36/171	F30-39	405	Jessica BERMEL	47:08	5:54
281	66/114	M30-39	367	Colin KERR	47:09	5:54
282	20/56	F20-29	227	Natacia BOYKIW	47:13	5:54
283	67/114	M30-39	267	Josh WEST	47:14	5:55
284	37/171	F30-39	570	Cassy NORMAN	47:16	5:55
285	68/114	M30-39	785	Andrey RANENKO	47:17	5:55
286	38/171	F30-39	461	Carly MACMILLAN	47:17	5:55
287	40/88	M40-49	112	Chad ZAHARIK	47:20	5:55
288	16/37	M50-59	458	Michael PRYSTUPA	47:20	5:55
289	39/171	F30-39	457	Tekla MCILHARGEY	47:21	5:55
290	40/171	F30-39	700	Sarah KENT	47:24	5:56
291	69/114	M30-39	473	Trevor LAFRENIERE	47:24	5:56
292	70/114	M30-39	701	Graham KENT	47:24	5:56
293	22/133	F40-49	491	Whitney ZAPARYNIUK	47:30	5:57
294	4/17	F60-69	246	Kimberly SCOTT	47:31	5:57
295	41/171	F30-39	727	Frieda CORNEJO	47:38	5:58
296	23/133	F40-49	520	Brit HART	47:39	5:58
297	41/88	M40-49	668	Chris HOOPER	47:43	5:58
298	5/30	F01-14	671	Stella HOOPER	47:43	5:58
299	8/32	M01-14	921	Jacob MCGLINCHEY	47:45	5:59
300	42/88	M40-49	1021	Miles BATE	47:46	5:59
301	42/171	F30-39	66	Anne SEATH	47:52	5:59
302	11/20	F15-19	361	Kira HEIM	47:53	6:00
303	43/171	F30-39	488	Cheryse MASLEN	47:54	6:00
304	71/114	M30-39	140	Sukhpal JASSAR	47:55	6:00
305	43/88	M40-49	270	Mark JENKINS	47:57	6:00
306	21/56	F20-29	810	Nicole LORD	47:58	6:00
307	24/133	F40-49	770	Heidi GRIESER	47:59	6:00
308	72/114	M30-39	101	Andrew STACHIW	48:00	6:00
309	12/20	F15-19	826	Sophia FELESKY	48:01	6:01
310	22/56	F20-29	596	Victoria SCHRIEMER	48:01	6:01
311	44/88	M40-49	80	Ryan STJOHN	48:03	6:01
312	44/171	F30-39	673	Sarah KEILBACH	48:07	6:01
313	28/38	M20-29	352	Brad SCARROW	48:09	6:02
314	45/171	F30-39	594	Naomi MILNE	48:10	6:02
315	46/171	F30-39	131	Mariëlle SAAYMAN	48:11	6:02
316	73/114	M30-39	35	Eldon LEW	48:11	6:02
317	29/38	M20-29	207	Shane D'ARCY	48:17	6:03
318	17/37	M50-59	33	Dan GIBERSON	48:18	6:03
319	47/171	F30-39	321	Stacey VAN ROESSEL	48:20	6:03

320 9/51 F50-59 74 Janice MACLAREN 48:22 6:03

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Place	Div/Tot	Div	No.	Name	Time	Pace
321	48/171	F30-39	489	Brittany CAMPBELL	48:23	6:03
322	30/38	M20-29	75	Maxwell MACLAREN	48:24	6:03
323	25/133	F40-49	306	Errin PAGE	48:28	6:04
324	45/88	M40-49	172	Brad HENINGER	48:28	6:04
325	10/51	F50-59	576	Susan TAYLOR	48:32	6:04
326	49/171	F30-39	349	Alexandra GRADEEN	48:36	6:05
327	50/171	F30-39	119	Sukhman SANDHU	48:38	6:05
328	51/171	F30-39	750	Kylie STONE	48:41	6:06
329	74/114	M30-39	60	Brian KIM	48:42	6:06
330	52/171	F30-39	908	Danielle TAYLOR	48:42	6:06
331	53/171	F30-39	799	Jessica SMID	48:44	6:06
332	54/171	F30-39	900	Nicole NORMAN	48:44	6:06
333	31/38	M20-29	914	Ben DRIEDGER	48:45	6:06
334	55/171	F30-39	761	Erin LINDSKOG	48:47	6:06
335	32/38	M20-29	925	Callum CRITCHER	48:47	6:06
336	56/171	F30-39	1005	Hayden LINDSKOG	48:48	6:06
337	57/171	F30-39	649	Erin GREENAN	48:48	6:06
338	5/17	F60-69	262	Barb MANTELLO	48:48	6:06
339	23/56	F20-29	784	Cheyenne GENDRON	48:50	6:07
340	18/37	M50-59	54	Richard JANSEN	48:50	6:07
341	9/32	M01-14	862	Alex HESKE	48:52	6:07
342	6/30	F01-14	812	Sarah ROBERTSON	48:53	6:07
343	33/38	M20-29	651	Ethan SHIPLEY	48:54	6:07
344	26/133	F40-49	287	Abigail CAYANGA	48:54	6:07
345	24/56	F20-29	365	Bailey SAXBY	48:57	6:08
346	27/133	F40-49	661	Sarah TIEGEN	48:57	6:08
347	58/171	F30-39	735	Kristen LEPP	48:57	6:08
348	34/38	M20-29	654	Luke TRAPTOW	49:00	6:08
349	46/88	M40-49	462	Jonathan LEICHT	49:01	6:08
350	11/51	F50-59	653	Kathy TRAPTOW	49:01	6:08
351	47/88	M40-49	78	Nathan THIESSEN	49:02	6:08
352	35/38	M20-29	689	Alex CARPENTIER	49:03	6:08
353	59/171	F30-39	130	Rebecca VAN HOEVE	49:06	6:09
354	48/88	M40-49	202	Geoffrey GAUVIN	49:07	6:09
355	28/133	F40-49	437	Lyndsey-Kate CAMPBELL	49:10	6:09
356	29/133	F40-49	434	Ashly BLACK	49:10	6:09
357	30/133	F40-49	164	Sian JONES	49:14	6:10
358	60/171	F30-39	145	Kendall SIMMONDS	49:16	6:10
359	19/37	M50-59	265	Paul LARMER	49:17	6:10

360	12/51	F50-59	266	Jennifer LARMER	49:17	6:10
361	20/37	M50-59	184	Steven PEPLINSKI	49:22	6:11
362	75/114	M30-39	564	Scott DALEY	49:22	6:11
363	25/56	F20-29	692	Alexandra SAVARD	49:23	6:11
364	49/88	M40-49	642	Neil BAILEY	49:23	6:11
365	13/51	F50-59	330	Melinda DAVIS	49:24	6:11
366	12/20	M60-69	924	Michael MARCOTTE	49:25	6:11
367	61/171	F30-39	765	Linda MACLEOD	49:25	6:11
368	14/51	F50-59	923	Denise MARCOTTE	49:25	6:11
369	26/56	F20-29	353	Gabriela TOKARZ	49:26	6:11
370	10/32	M01-14	774	Kingston TUDOR	49:31	6:12
371	13/20	F15-19	30	Charlotte FAY	49:31	6:12
372	62/171	F30-39	422	Jannel JEFFERY	49:37	6:13
373	50/88	M40-49	414	Steven SZEKERES	49:39	6:13
374	31/133	F40-49	408	Lindsay WEBSTER	49:40	6:13
375	51/88	M40-49	385	Tom BLAKEMORE	49:41	6:13
376	52/88	M40-49	567	Matthew WATT	49:42	6:13
377	63/171	F30-39	1012	Angela HELIE	49:43	6:13
378	21/37	M50-59	696	Mike GRIFFITHS	49:45	6:14
379	76/114	M30-39	793	Kevin JANSEN	49:49	6:14
380	64/171	F30-39	319	Sian ANDERSON	49:49	6:14
381	65/171	F30-39	105	Kim NIX	49:49	6:14
382	32/133	F40-49	370	Leila HYSLOP	49:49	6:14
383	11/32	M01-14	372	Daniel HYSLOP	49:51	6:14
384	33/133	F40-49	103	Sharon DORAN	49:51	6:14

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Place	Div/Tot	Div	No.	Name	Time	Pace
385	77/114	M30-39	500	Igor ZDRAVKOVIC	49:56	6:15
386	34/133	F40-49	62	Lara SOUKOREFF	50:00	6:15
387	66/171	F30-39	424	Kathryn CORMIER	50:04	6:16
388	78/114	M30-39	920	Justin PAIXAO	50:08	6:16
389	67/171	F30-39	815	Inga BRAZAUSKAITE	50:11	6:17
390	68/171	F30-39	814	Stephanie LOWE	50:11	6:17
391	69/171	F30-39	1001	Megan DUBINSKY	50:11	6:17
392	6/17	F60-69	912	Theresa GAWRON	50:14	6:17
393	70/171	F30-39	158	Chantal SNODGRASS	50:23	6:18
394	27/56	F20-29	162	Kassie THACKER	50:24	6:18
395	14/20	F15-19	716	Myah RUSTAD	50:24	6:18
396	71/171	F30-39	160	Adrienne SHUMLICH	50:29	6:19
397	72/171	F30-39	737	Nikole KROSSNER	50:30	6:19
398	7/17	F60-69	248	Diane WALTERS	50:31	6:19
399	28/56	F20-29	249	Julia THERRIEN	50:31	6:19

400	53/88	M40-49	1014	Nino DE LEON	50:35	6:20
401	79/114	M30-39	328	Josh WORKMAN	50:35	6:20
402	29/56	F20-29	722	Samara STEWART	50:36	6:20
403	73/171	F30-39	203	Holly GAUVIN	50:36	6:20
404	30/56	F20-29	738	Amy STAFFORD	50:37	6:20
405	80/114	M30-39	790	Jon SHEERAN	50:39	6:20
406	74/171	F30-39	644	Meredith FRASER	50:42	6:21
407	75/171	F30-39	433	Sylvie BOHEMIER	50:42	6:21
408	15/51	F50-59	788	Lucy ERNST	50:43	6:21
409	16/51	F50-59	552	Margo CROOKS	50:44	6:21
410	17/51	F50-59	289	Paula SEARLE	50:45	6:21
411	35/133	F40-49	715	Viktoriya RUSTAD	50:48	6:21
412	36/133	F40-49	518	Carolyn WALKER	50:48	6:21
413	22/37	M50-59	290	Steve SEARLE	50:49	6:22
414	12/32	M01-14	886	Thomas OPELIK	50:49	6:22
415	23/37	M50-59	787	Jason ERNST	50:49	6:22
416	76/171	F30-39	40	Hilary SMITH	50:52	6:22
417	77/171	F30-39	477	Markus NESTLE	50:57	6:23
418	37/133	F40-49	657	Sarah DURHAM	50:58	6:23
419	78/171	F30-39	805	Colina MARSHALL	51:00	6:23
420	81/114	M30-39	212	Chris GILES	51:05	6:24
421	38/133	F40-49	106	Chrissy MOULAND	51:08	6:24
422	39/133	F40-49	468	Vera NEVERKEVICH HILL	51:09	6:24
423	15/20	F15-19	832	Loren HANNEMA	51:11	6:24
424	54/88	M40-49	49	Derek TRAQUAIR	51:12	6:24
425	79/171	F30-39	211	Sarah GRANT	51:12	6:24
426	55/88	M40-49	273	Greg PEPLINSKI	51:12	6:24
427	56/88	M40-49	572	Manish NEUPANE	51:14	6:25
428	40/133	F40-49	77	Sarah KETCHESON	51:17	6:25
429	41/133	F40-49	614	Stephanie DANDO	51:18	6:25
430	82/114	M30-39	691	Cody HOPKINS	51:18	6:25
431	24/37	M50-59	384	Quinn JACQUES	51:19	6:25
432	18/51	F50-59	214	Lise STRANSKY	51:22	6:26
433	57/88	M40-49	327	Vince IANNELLI	51:22	6:26
434	8/17	F60-69	261	Melanie VEGTER	51:26	6:26
435	25/37	M50-59	215	Jeff STRANSKY	51:32	6:27
436	13/32	M01-14	217	Oscar STRANSKY	51:33	6:27
437	42/133	F40-49	777	Ania LEGGE	51:35	6:27
438	80/171	F30-39	476	Ana VILLARREAL	51:35	6:27
439	31/56	F20-29	823	Gemma MCDONALD	51:43	6:28
440	81/171	F30-39	824	Danielle RIEL	51:44	6:28
441	13/20	M60-69	311	Lorne SCHOENTHALER	51:44	6:28
442	19/51	F50-59	326	Jodie FERNQUIST	51:45	6:29
443	26/37	M50-59	822	John John MACDONALD	51:45	6:29
444	43/133	F40-49	167	Laura PELLEGRIN	51:46	6:29
445	58/88	M40-49	497	Jason LESLIE	51:50	6:29
446	82/171	F30-39	726	Erica MALLORY	51:57	6:30
447	16/20	F15-19	170	Raya PYLATIUK	52:00	6:30
448	20/51	F50-59	303	Michelle KINGHORN	52:03	6:31

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Place	Div/Tot	Div	No.	Name	Time	Pace
449	14/32	M01-14	803	Maxwell BROOKS	52:06	6:31
450	83/171	F30-39	141	Harjasleen DHILLON	52:07	6:31
451	32/56	F20-29	521	Emily MCBRIDE	52:08	6:31
452	84/171	F30-39	523	Brigitte COOPER	52:09	6:32
453	33/56	F20-29	522	Chella THORNTON	52:09	6:32
454	34/56	F20-29	583	Lizzie RYMAN	52:09	6:32
455	85/171	F30-39	597	Jenna STONE	52:09	6:32
456	83/114	M30-39	99	Brent WHITE	52:14	6:32
457	84/114	M30-39	611	Kurtis BAKER	52:16	6:32
458	27/37	M50-59	897	Brendan TRINCA	52:18	6:33
459	86/171	F30-39	527	Kristina ZILLE	52:18	6:33
460	85/114	M30-39	264	Benjamin STEELE	52:21	6:33
461	44/133	F40-49	28	Sarah JORDAN	52:21	6:33
462	45/133	F40-49	29	Sydney FAY	52:21	6:33
463	87/171	F30-39	263	Kirby SPRING	52:22	6:33
464	46/133	F40-49	163	Brier REID	52:24	6:33
465	86/114	M30-39	114	Andrew LEACH	52:25	6:34
466	28/37	M50-59	67	Barry SMITH	52:27	6:34
467	47/133	F40-49	1002	Sandra MCEWEN	52:29	6:34
468	59/88	M40-49	589	Michael MCCLOCKLIN	52:30	6:34
469	48/133	F40-49	713	Leah OLSON	52:31	6:34
470	88/171	F30-39	481	Samm PEAKE	52:32	6:34
471	89/171	F30-39	251	Danielle REDEKOP	52:33	6:35
472	90/171	F30-39	465	Kaity DOIRON	52:34	6:35
473	91/171	F30-39	613	Brittney KIEFER	52:34	6:35
474	49/133	F40-49	740	Tiana DEMERS	52:37	6:35
475	92/171	F30-39	909	Erin BUTLER	52:38	6:35
476	60/88	M40-49	448	Evan PETERS	52:39	6:35
477	21/51	F50-59	168	Heather MORTON	52:40	6:35
478	93/171	F30-39	218	Abigail SEGUIN	52:41	6:36
479	87/114	M30-39	219	Marcel SEGUIN	52:42	6:36
480	94/171	F30-39	694	Kelsey CARRUTHERS	52:43	6:36
481	95/171	F30-39	471	Jessica SCARPELLI	52:44	6:36
482	96/171	F30-39	695	Heather ANDERSON	52:46	6:36
483	61/88	M40-49	706	Saga ANDERSON	52:47	6:36
484	7/30	F01-14	869	Vivienne SMITH	52:48	6:36
485	1/6	M70+	133	Jim FRY	52:51	6:37
486	50/133	F40-49	783	Erin MACARTHUR	52:52	6:37
487	88/114	M30-39	193	Jeff BOYER	52:58	6:38
488	97/171	F30-39	557	Alexandra HAGER	52:58	6:38
489	98/171	F30-39	192	Melanie BOYER	52:58	6:38
490	15/32	M01-14	773	Charles TUDOR	52:58	6:38
491	51/133	F40-49	619	Kristen MCCUTCHEON	53:03	6:38
492	62/88	M40-49	802	Byron BROOKS	53:03	6:38
493	52/133	F40-49	268	Lesley BECK	53:04	6:38
494	29/37	M50-59	254	Wesley JOHN	53:04	6:38
495	53/133	F40-49	322	Marni HUTCHINSON	53:05	6:39

496	15/17	M15-19	364	Jace LIVINGSTON	53:08	6:39
497	54/133	F40-49	459	Rachel PAXTON	53:12	6:39
498	99/171	F30-39	235	Sarah JOHNSON	53:12	6:39
499	89/114	M30-39	123	Valentin MEYER	53:13	6:40
500	63/88	M40-49	323	Kyle GIRARD	53:22	6:41
501	100/171	F30-39	52	Chelsea PEDERSON	53:25	6:41
502	55/133	F40-49	53	Krystal WORTH	53:25	6:41
503	8/30	F01-14	863	Emilia JACKSON	53:29	6:42
504	22/51	F50-59	555	Sharon TOMKINS	53:31	6:42
505	56/133	F40-49	674	Sabrina OAKEY	53:34	6:42
506	64/88	M40-49	675	Jason OAKEY	53:35	6:42
507	14/20	M60-69	6	Daniel GOSSMANN	53:38	6:43
508	9/30	F01-14	871	Reese VERTZ	53:40	6:43
509	16/17	M15-19	629	Breaux WILSON	53:40	6:43
510	101/171	F30-39	498	Deidra FERGUSON	53:46	6:44
511	102/171	F30-39	684	Brittany HOLLOWAY	53:47	6:44
512	23/51	F50-59	296	Paige BOWEN	53:47	6:44

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Place	Div/Tot	Div	No.	Name	Time	Pace
513	10/30	F01-14	864	Victoria KONATE	53:47	6:44
514	57/133	F40-49	333	Laetitia MAZENOD	53:48	6:44
515	9/17	F60-69	1098	Diane O'NEILL	53:48	6:44
516	58/133	F40-49	310	Caroline ANDERSON	53:48	6:44
517	35/56	F20-29	927	Lucia TOMASKOVA	53:51	6:44
518	36/56	F20-29	153	Lauren BROWN	53:55	6:45
519	59/133	F40-49	487	Veronica GUGLIOTTA	53:58	6:45
520	24/51	F50-59	282	Donna KWAN	54:04	6:46
521	60/133	F40-49	630	Jennifer WILSON	54:07	6:46
522	37/56	F20-29	568	Lauren SOLECKI	54:12	6:47
523	11/30	F01-14	882	Audrey JACKSON	54:15	6:47
524	38/56	F20-29	272	Robyn KEELING	54:18	6:48
525	12/30	F01-14	870	Chloe TARDIF	54:22	6:48
526	2/4	NOAGE	187	Late REGISTRANT	54:30	6:49
527	39/56	F20-29	394	Catalina BARRETO	54:31	6:49
528	40/56	F20-29	549	Olya VESPYANSKY	54:37	6:50
529	103/171	F30-39	590	Helen BRANDRETH	54:44	6:51
530	17/17	M15-19	830	Dylan GIESBRECHT	54:49	6:52
531	61/133	F40-49	210	Marin CROMBIE	54:50	6:52
532	65/88	M40-49	32	Andrew RIBEN	54:50	6:52
533	16/32	M01-14	892	Jacob WICKINS	54:56	6:52
534	25/51	F50-59	234	Wallena KENDRICK	54:58	6:53
535	17/32	M01-14	874	Charles CLEMENT	54:59	6:53

536	17/20	F15-19	561 Lilly CASTILLO	55:03	6:53
537	104/171	F30-39	679 Suzanne HARRISON	55:03	6:53
538	62/133	F40-49	560 Kimmy CASTILLO	55:04	6:53
539	41/56	F20-29	242 Busola FAPOJUWO	55:04	6:53
540	66/88	M40-49	225 Reilly FENTON	55:05	6:54
541	105/171	F30-39	601 Bailee LUCKY	55:17	6:55
542	13/30	F01-14	852 Stella SMITH	55:18	6:55
543	63/133	F40-49	915 Amelie GRONDIN	55:18	6:55
544	15/20	M60-69	71 Thomas WOOD	55:18	6:55
545	18/32	M01-14	404 William MOLNAR	55:22	6:56
546	90/114	M30-39	294 Braden BLASETTI	55:22	6:56
547	64/133	F40-49	910 Joanna HARDY	55:23	6:56
548	91/114	M30-39	1025 Matheusik JOSHUA	55:24	6:56
549	65/133	F40-49	403 Sarah MOLNAR	55:24	6:56
550	14/30	F01-14	895 Vivienne MATHEUSIK	55:24	6:56
551	30/37	M50-59	317 George ORMEROD	55:24	6:56
552	66/133	F40-49	656 Kristen BEECHEY	55:25	6:56
553	92/114	M30-39	309 Jackson KOSTIUK	55:26	6:56
554	15/30	F01-14	849 Madeline JACKSON	55:28	6:56
555	106/171	F30-39	418 Adele LAFOND	55:30	6:57
556	42/56	F20-29	335 Kim SCHAAP	55:30	6:57
557	67/133	F40-49	537 Carla KAUTZ	55:30	6:57
558	68/133	F40-49	538 Chantale WARD	55:31	6:57
559	16/30	F01-14	853 Maelle TARDIF	55:31	6:57
560	107/171	F30-39	535 Leslie BANNON	55:37	6:58
561	69/133	F40-49	257 Lianne KOWALCHUK	55:41	6:58
562	43/56	F20-29	573 Mikayla CULLUM	55:41	6:58
563	70/133	F40-49	228 Renee COLE	55:44	6:58
564	71/133	F40-49	586 Jenn LAVERICK	55:45	6:59
565	72/133	F40-49	221 Jasna HEINRICHS	55:47	6:59
566	73/133	F40-49	226 Tiffany BOULTON	55:49	6:59
567	108/171	F30-39	507 Megan HEIMANN	55:49	6:59
568	93/114	M30-39	508 Andreas HEIMANN	55:49	6:59
569	74/133	F40-49	147 Tanja MCMORRIS	55:49	6:59
570	109/171	F30-39	425 Nicole BAZINET	55:57	7:00
571	19/32	M01-14	880 Nathan HIMMELMAN	55:57	7:00
572	10/17	F60-69	397 Linda MACMILLAN	55:58	7:00
573	110/171	F30-39	821 Jocelyn CAMACHO	55:59	7:00
574	75/133	F40-49	165 Leslie MACRAE	56:00	7:00
575	76/133	F40-49	511 Fiona DOUGHERTY	56:04	7:01
576	77/133	F40-49	512 Michelle SAQUET	56:05	7:01

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Place	Div/Tot	Div	No.	Name	Time	Pace
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577	111/171	F30-39	197 Sarah HESFORD	56:07	7:01
578	78/133	F40-49	220 Tanya BEFUS	56:07	7:01
579	112/171	F30-39	346 Nadine TAUBE	56:12	7:02
580	26/51	F50-59	543 Sarah WHEELER	56:12	7:02
581	94/114	M30-39	13 Bradley LEWIS	56:13	7:02
582	95/114	M30-39	237 Jeff GERESTEIN	56:15	7:02
583	44/56	F20-29	194 Julia TOKARZ	56:20	7:03
584	20/32	M01-14	563 John MCVEY	56:30	7:04
585	113/171	F30-39	98 Emily TWOREK	56:32	7:04
586	45/56	F20-29	574 Emma WALKER	56:55	7:07
587	79/133	F40-49	42 Meghan GILPIN	57:00	7:08
588	114/171	F30-39	771 Wendy LAMBIE	57:01	7:08
589	96/114	M30-39	772 Nolan TUDOR	57:01	7:08
590	115/171	F30-39	786 Sarvin SEPASSI	57:02	7:08
591	27/51	F50-59	339 Sandra AGUILERA	57:03	7:08
592	80/133	F40-49	222 Brenna LAMONT	57:04	7:08
593	116/171	F30-39	660 Alison DARLING	57:05	7:08
594	117/171	F30-39	39 Lauren MINUK	57:08	7:09
595	21/32	M01-14	857 Alexander CHEN	57:12	7:09
596	118/171	F30-39	440 Breyan NEWTON	57:17	7:10
597	97/114	M30-39	439 Peter TRAN	57:18	7:10
598	119/171	F30-39	728 Tehreem AKMAL	57:18	7:10
599	67/88	M40-49	811 Scott ROBERTSON	57:24	7:11
600	81/133	F40-49	757 Kerrie-Lee SCOTT	57:45	7:14
601	120/171	F30-39	27 Brandie CORRIGAN	57:55	7:15
602	28/51	F50-59	26 Rachele CORRIGAN	57:55	7:15
603	98/114	M30-39	798 Patrick PAGE'	57:59	7:15
604	29/51	F50-59	363 Jolene LIVINGSTON	58:04	7:16
605	30/51	F50-59	359 Marla HEIM	58:05	7:16
606	121/171	F30-39	562 Amy MAC	58:05	7:16
607	82/133	F40-49	61 Cassandra STOIANOV	58:05	7:16
608	83/133	F40-49	934 Alison MCDONALD	58:13	7:17
609	68/88	M40-49	935 Landon WHITE	58:13	7:17
610	31/37	M50-59	703 Drew VAN IDERSTINE	58:14	7:17
611	22/32	M01-14	755 Daniel CONNELLY	58:16	7:17
612	69/88	M40-49	754 Kyle CONNELLY	58:21	7:18
613	84/133	F40-49	813 Michelle ADMIRAAL	58:31	7:19
614	122/171	F30-39	662 Ellen GREGORY	58:32	7:19
615	99/114	M30-39	739 Tyler DEMERS	58:33	7:20
616	100/114	M30-39	236 Allan DIEWOLD	58:35	7:20
617	2/6	M70+	22 David CLAPPERTOON	58:40	7:20
618	85/133	F40-49	23 Lena SPICER	58:40	7:20
619	101/114	M30-39	817 Mike JUNG	58:44	7:21
620	123/171	F30-39	677 Colleen JACKSON-MACAULAY	58:45	7:21
621	70/88	M40-49	637 Kyle KAPP	58:50	7:22
622	23/32	M01-14	856 Holt BOHN	58:51	7:22
623	24/32	M01-14	241 Logan LARGE	58:54	7:22
624	71/88	M40-49	240 Dustin LARGE	58:54	7:22
625	46/56	F20-29	109 Madison SAVILOW	58:55	7:22
626	47/56	F20-29	546 Ellen BEEN	58:58	7:23
627	16/20	M60-69	138 Brent MARCHAND	59:01	7:23
628	36/38	M20-29	928 Jan MANURA	59:02	7:23
629	17/30	F01-14	843 Greta CARSON-BURFORD	59:02	7:23
630	102/114	M30-39	643 Taylor POOTZ	59:04	7:23
631	18/30	F01-14	842 Maryn BOHN	59:06	7:24

632	124/171	F30-39	223	Anne SYDOR	59:07	7:24
633	11/17	F60-69	486	Marilyn PETERSON	59:13	7:25
634	32/37	M50-59	544	Jason WHEELER	59:13	7:25
635	125/171	F30-39	516	Shelby WOGSBERG	59:15	7:25
636	103/114	M30-39	617	Devin WALLINE	59:20	7:25
637	126/171	F30-39	616	Madison BARTON	59:20	7:25
638	31/51	F50-59	504	Julie BRETT	59:27	7:26
639	86/133	F40-49	776	Shawna BERTIN	59:39	7:28
640	127/171	F30-39	348	Rhiella ANCELL	59:42	7:28

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Place	Div/Tot	Div	No.	Name	Time	Pace
641	128/171	F30-39	34	Sarah RUSZCZAK	59:44	7:28
642	72/88	M40-49	579	Louis WATT	59:48	7:29
643	87/133	F40-49	453	Leann DEISTING	1:00:04	7:31
644	88/133	F40-49	650	Judy JOHNSTONE	1:00:04	7:31
645	33/37	M50-59	752	Dan SCHILTROTH	1:00:12	7:32
646	129/171	F30-39	534	Jasmine WATT	1:00:14	7:32
647	73/88	M40-49	58	Haru WATANABE	1:00:18	7:33
648	89/133	F40-49	57	Haruka WATANABE	1:00:19	7:33
649	130/171	F30-39	379	Bethany SIMPSON	1:00:25	7:34
650	90/133	F40-49	898	Megan MILLAR	1:00:30	7:34
651	91/133	F40-49	171	Sheila HENINGER	1:00:33	7:35
652	92/133	F40-49	43	Julianne PORTER	1:00:34	7:35
653	93/133	F40-49	789	Alyson SHEERAN	1:00:35	7:35
654	131/171	F30-39	411	Julie BAXTER	1:00:36	7:35
655	3/6	M70+	795	Dave HUTCHINSON	1:00:38	7:35
656	132/171	F30-39	686	Maddie KIDD	1:00:38	7:35
657	104/114	M30-39	725	Kyle JOHNSTON	1:00:50	7:37
658	133/171	F30-39	724	Melissa SCOTT	1:00:50	7:37
659	25/32	M01-14	181	Blake SOUCHOTTE	1:00:51	7:37
660	74/88	M40-49	183	Joel SOUCHOTTE	1:00:53	7:37
661	94/133	F40-49	580	Carmen WATT	1:00:58	7:38
662	75/88	M40-49	1009	Chris HIMMELMAN	1:01:05	7:39
663	26/32	M01-14	1008	Logan HIMMELMAN	1:01:05	7:39
664	95/133	F40-49	876	Heidi COLLINGE	1:01:24	7:41
665	134/171	F30-39	796	Danielle DOORNBOS	1:01:24	7:41
666	96/133	F40-49	297	Nancy MALSBURY	1:01:30	7:42
667	32/51	F50-59	298	Michele COWAN	1:01:31	7:42
668	97/133	F40-49	742	Maureen MACSWEEN	1:01:40	7:43
669	76/88	M40-49	743	Danny PROCTER	1:01:42	7:43
670	135/171	F30-39	1016	Sabrina SALAS	1:01:47	7:44
671	77/88	M40-49	134	Christopher JACOBI	1:01:51	7:44

672	98/133	F40-49	135	Sandra JACOBI	1:01:52	7:44
673	136/171	F30-39	600	Devin BEATON	1:02:06	7:46
674	19/30	F01-14	182	Chloe SOUCHOTTE	1:02:06	7:46
675	99/133	F40-49	180	Laurie SOUCHOTTE	1:02:09	7:47
676	100/133	F40-49	81	Melissa KARAKOCHUK	1:02:12	7:47
677	48/56	F20-29	206	Bailey POWELL	1:02:14	7:47
678	12/17	F60-69	73	Bridget CONROY	1:02:19	7:48
679	13/17	F60-69	95	Rita HEMMES	1:02:20	7:48
680	4/6	M70+	96	Bruce ECKEL	1:02:25	7:49
681	33/51	F50-59	633	Michelle MCGARRY	1:02:27	7:49
682	34/51	F50-59	295	Kim BERUBE	1:02:28	7:49
683	105/114	M30-39	748	Steven BOWLES	1:02:41	7:51
684	20/30	F01-14	855	Aleeta BARR	1:02:41	7:51
685	137/171	F30-39	334	Jocelyn PROUDFOOT	1:02:44	7:51
686	138/171	F30-39	554	Nayoon KIM	1:02:54	7:52
687	106/114	M30-39	553	David KIM	1:02:54	7:52
688	107/114	M30-39	697	Joshua MCCUTCHEON	1:02:55	7:52
689	101/133	F40-49	51	Robyn HOFFMAN	1:02:56	7:52
690	78/88	M40-49	50	Nathan HOFFMAN	1:02:56	7:52
691	139/171	F30-39	751	Amanda MACLEOD	1:02:57	7:52
692	140/171	F30-39	766	Jaycee TUDOR	1:03:02	7:53
693	21/30	F01-14	804	Ayla BROOKS	1:03:13	7:55
694	37/38	M20-29	1026	Kade SHEPHERD	1:03:14	7:55
695	102/133	F40-49	820	Lori FALLEN	1:03:19	7:55
696	27/32	M01-14	480	Avery LOISELLE	1:03:24	7:56
697	103/133	F40-49	124	Mina DEOL	1:03:25	7:56
698	34/37	M50-59	479	Frederick LOISELLE	1:03:26	7:56
699	79/88	M40-49	409	Jim WEBSTER	1:03:29	7:57
700	28/32	M01-14	300	Blake BALMENT	1:03:34	7:57
701	104/133	F40-49	301	Meghan BALMENT	1:03:35	7:57
702	80/88	M40-49	299	Martin BALMENT	1:03:35	7:57
703	141/171	F30-39	451	Sarah HOGENDORP	1:03:38	7:58
704	142/171	F30-39	154	Dagny MACGREGOR	1:03:38	7:58

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Place	Div/Tot	Div	No.	Name	Time	Pace
705	143/171	F30-39	496	Jocelyon LESLIE	1:03:41	7:58
706	105/133	F40-49	111	Jillian WILLIAMSON	1:03:47	7:59
707	108/114	M30-39	155	Faheem SIRAJ	1:03:56	8:00
708	35/51	F50-59	116	Amanda TURVEY	1:04:08	8:01
709	29/32	M01-14	245	Eli RATTRAY	1:04:12	8:02
710	14/17	F60-69	38	Melody MCDUGALL	1:04:12	8:02
711	81/88	M40-49	244	Monte RATTRAY	1:04:13	8:02

712	106/133	F40-49	178	Aj MATSUNE	1:04:21	8:03
713	107/133	F40-49	68	Heidi LUND	1:04:24	8:03
714	108/133	F40-49	470	Kathleen RUNDLE	1:04:26	8:04
715	109/133	F40-49	636	Jesa TAINIO-KAPP	1:04:35	8:05
716	36/51	F50-59	416	Yadira LOYANAJERA	1:04:43	8:06
717	110/133	F40-49	229	Andrea ARNETT	1:04:51	8:07
718	111/133	F40-49	110	Paula BOULTON	1:04:54	8:07
719	112/133	F40-49	506	Kristen CARTER	1:04:58	8:08
720	113/133	F40-49	84	Casey THOMAS	1:05:08	8:09
721	144/171	F30-39	903	Robyn JENSEN	1:05:09	8:09
722	145/171	F30-39	690	Brandis SUNLEY	1:05:09	8:09
723	146/171	F30-39	475	Lesley DIEP	1:05:10	8:09
724	37/51	F50-59	313	Ally MORBERG	1:05:12	8:09
725	38/51	F50-59	529	Monique VANLAAR	1:05:20	8:10
726	82/88	M40-49	176	William BALL	1:05:20	8:10
727	147/171	F30-39	157	Danielle LANCASTER	1:05:20	8:10
728	22/30	F01-14	896	Anna OPELIK	1:05:36	8:12
729	83/88	M40-49	759	Ryan NORTON	1:05:42	8:13
730	35/37	M50-59	329	Robin WESEEN	1:05:44	8:13
731	1/5	F70+	83	Fran LAIDLAW	1:05:51	8:14
732	3/4	NOAGE	337	Late REGISTRANT	1:06:16	8:17
733	148/171	F30-39	378	Karleigh MAAG	1:06:17	8:18
734	109/114	M30-39	338	Jordan SWANSON	1:06:28	8:19
735	84/88	M40-49	255	Alex SHONFIELD	1:06:36	8:20
736	110/114	M30-39	186	Jessie SHIRE	1:06:36	8:20
737	149/171	F30-39	185	Stephanie SHIRE	1:06:37	8:20
738	114/133	F40-49	233	Jaelynn JALBERT	1:06:38	8:20
739	18/20	F15-19	277	Cameron OLD	1:06:44	8:21
740	19/20	F15-19	612	Bronwyn EVANS	1:06:45	8:21
741	115/133	F40-49	714	Michelle BRUMMUND	1:06:47	8:21
742	116/133	F40-49	801	Aletha BROOKS	1:07:22	8:26
743	150/171	F30-39	390	Heather FAHR	1:07:34	8:27
744	85/88	M40-49	205	Dave POWELL	1:07:41	8:28
745	151/171	F30-39	118	Ashley RONNELL	1:07:41	8:28
746	117/133	F40-49	763	Allyson PATMORE	1:08:10	8:32
747	152/171	F30-39	536	Kajia MILLER	1:08:15	8:32
748	118/133	F40-49	423	Carina MARTINEZ	1:08:25	8:34
749	36/37	M50-59	128	Dan JUNGWIRTH	1:08:36	8:35
750	119/133	F40-49	89	Sarah LISSON	1:08:46	8:36
751	111/114	M30-39	46	John PEXMAN	1:09:14	8:40
752	49/56	F20-29	645	Christine SVEINSON	1:09:15	8:40
753	50/56	F20-29	47	Lauren ANDERSON	1:09:15	8:40
754	120/133	F40-49	395	Gabriela LUNA TAMEZ	1:09:28	8:41
755	20/20	F15-19	818	Maya KLUKIE	1:09:28	8:41
756	15/17	F60-69	14	Kerri JAMES	1:09:28	8:41
757	39/51	F50-59	18	Nikki MOUNTFORD	1:09:30	8:42
758	121/133	F40-49	117	Tiffany WIGHT	1:09:35	8:42
759	40/51	F50-59	36	Kristine ANDERSEN	1:10:05	8:46
760	153/171	F30-39	189	Radka SABOL	1:10:05	8:46
761	30/32	M01-14	885	Elijah MCKELLAR	1:10:12	8:47
762	23/30	F01-14	729	Evelyn HUTTON	1:10:41	8:51
763	24/30	F01-14	881	Lillian HUTTON	1:10:44	8:51
764	25/30	F01-14	893	Ryan WOLFE	1:10:44	8:51
765	122/133	F40-49	731	Meredith HUTTON	1:10:46	8:51
766	86/88	M40-49	730	Stewart HUTTON	1:10:47	8:51
767	16/17	F60-69	628	Linda SOBULIAK	1:10:51	8:52

768 17/20 M60-69 392 Gary POOLE 1:10:55 8:52

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Place	Div/Tot	Div	No.	Name	Time	Pace
769	51/56	F20-29	393	Meredith POOLE	1:10:56	8:52
770	123/133	F40-49	198	Christine OVIATT	1:11:36	8:57
771	5/6	M70+	519	Jim HUTCHISON	1:11:49	8:59
772	4/4	NOAGE	70	Late REGISTRANT	1:11:50	8:59
773	87/88	M40-49	723	Shane VANDERSTERRE	1:12:23	9:03
774	154/171	F30-39	356	Allison FITZSIMONS	1:12:30	9:04
775	124/133	F40-49	12	Gill YUEN	1:12:31	9:04
776	125/133	F40-49	11	Jennifer LACROIX	1:12:32	9:04
777	155/171	F30-39	351	Kayla SESSENWEIN	1:12:33	9:05
778	52/56	F20-29	797	Sophie WHEELER	1:12:48	9:06
779	26/30	F01-14	888	Grace ROLES-TAYLOR	1:13:14	9:10
780	27/30	F01-14	883	Elise MATHEUSIK	1:13:14	9:10
781	28/30	F01-14	429	Lily SUCHA	1:13:37	9:13
782	18/20	M60-69	430	Guy BAZINET	1:13:38	9:13
783	41/51	F50-59	127	Tiffany JUNGWIRTH	1:13:57	9:15
784	42/51	F50-59	325	Mary FULLERTON	1:14:07	9:16
785	38/38	M20-29	391	Morgan POOLE	1:14:29	9:19
786	19/20	M60-69	15	Brad JAMES	1:14:45	9:21
787	20/20	M60-69	931	James KEELING	1:15:03	9:23
788	156/171	F30-39	608	Tracy SIMON	1:15:18	9:25
789	2/5	F70+	905	Karen MAIER	1:15:24	9:26
790	157/171	F30-39	55	Kaori MARUYAMA	1:15:35	9:27
791	88/88	M40-49	56	Toby PRYNDIK	1:15:37	9:28
792	158/171	F30-39	1003	Allie SPORTAK	1:15:46	9:29
793	159/171	F30-39	547	Victoria RUDIAK	1:16:07	9:31
794	43/51	F50-59	548	Lorianne RUDIAK	1:16:07	9:31
795	126/133	F40-49	417	Karina CLAYTON	1:16:11	9:32
796	29/30	F01-14	872	Clara WICKINS	1:17:29	9:42
797	44/51	F50-59	230	Claudia WEIGELSBERGER	1:17:39	9:43
798	53/56	F20-29	231	Billie COPITHORNE	1:17:41	9:43
799	160/171	F30-39	1019	Chi Hsin CHAO	1:17:43	9:43
800	161/171	F30-39	1018	Amber TSAI	1:17:44	9:43
801	30/30	F01-14	873	Lynae BOHN	1:18:01	9:46
802	45/51	F50-59	139	Victoria MARCHAND	1:18:24	9:48
803	162/171	F30-39	808	Jordan SUDERMANN	1:18:29	9:49
804	54/56	F20-29	682	Dennesse GOMEZ	1:18:52	9:52
805	55/56	F20-29	683	Dannah GOMEZ	1:18:53	9:52
806	163/171	F30-39	427	Monique BAZINET	1:19:19	9:55
807	17/17	F60-69	17	Kimberley KLASSEN	1:20:19	10:03

808	164/171	F30-39	190	Laura KEATING ELSKE	1:20:38	10:05
809	112/114	M30-39	901	Jeremy SHEPHERD	1:22:34	10:20
810	46/51	F50-59	199	Nomi PEPLINSKI	1:23:01	10:23
811	47/51	F50-59	92	Lisa PARR	1:23:39	10:28
812	48/51	F50-59	91	Lisa GREAVES	1:23:43	10:28
813	37/37	M50-59	20	Jonathon BOUDREAU	1:24:20	10:33
814	165/171	F30-39	179	Naomi GARCIA	1:24:39	10:35
815	166/171	F30-39	115	Mandy WINFIELD	1:24:40	10:35
816	56/56	F20-29	204	Ashley-Raye MILES	1:24:42	10:36
817	167/171	F30-39	129	Jody SUTHERLAND	1:24:42	10:36
818	127/133	F40-49	86	Stephanie MALEY	1:24:46	10:36
819	3/5	F70+	357	Ann WARNOCK	1:25:17	10:40
820	168/171	F30-39	1097	Unknown ATHLETE	1:26:00	10:45
821	49/51	F50-59	340	Louise SHADE	1:26:04	10:46
822	128/133	F40-49	132	Christina MA	1:27:18	10:55
823	50/51	F50-59	125	Elan LAMONTAGNE	1:27:22	10:56
824	31/32	M01-14	88	Eric BIRD	1:28:04	11:01
825	129/133	F40-49	87	Connie MALEY	1:28:07	11:01
826	130/133	F40-49	148	Kirsten PILGER	1:29:27	11:11
827	113/114	M30-39	524	Shaya JALILI	1:30:24	11:18
828	169/171	F30-39	143	Chelsea HOLMAN	1:30:54	11:22
829	131/133	F40-49	142	Colleen FLYNN	1:30:55	11:22
830	32/32	M01-14	587	Ben LAVERICK	1:31:08	11:24
831	4/5	F70+	794	Janet HUTCHINSON	1:31:14	11:25
832	132/133	F40-49	456	Monica WIERSMA	1:31:16	11:25

2024 Banff Winterstart Five Miler
Rundlestone Lodge, Banff, AB, Canada
11/02/2024

Results by racedaytimingab.ca
WINTERSTART OVERALL FIVE MILE RESULTS

Place	Div/Tot	Div	No.	Name	Time	Pace
833	133/133	F40-49	177	Shauna CARSON	1:31:18	11:25
834	51/51	F50-59	126	Michelle BAMFORD	1:31:19	11:25
835	114/114	M30-39	710	Samuel Morgan COSTA	1:31:57	11:30
836	170/171	F30-39	712	Giselle Camarg ROCHA	1:31:58	11:30
837	171/171	F30-39	711	Grazziela Volp ROCHA	1:31:58	11:30
838	6/6	M70+	64	Hugh BARANIESKI	1:32:03	11:31
839	5/5	F70+	63	Linda BARANIESKI	1:32:04	11:31

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